



RESOURCE GUIDE FOR CAREGIVERS AND FAMILIES

UPDATED NOVEMBER 2024

[uhealth](https://www.uchealth.org)

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SECTION 1:

GENERAL RESOURCES

GENERAL RESOURCES FOR OLDER ADULTS

SENIORS BLUE BOOK

Tel: 303-888-8472

<https://www.seniorsbluebook.com>



Free resource directory of Senior Housing, Care, Resources, and Services.

DENVER PUBLIC LIBRARY OLDER ADULT SERVICES

Tel: 720-865-1123

<https://www.denverlibrary.org/olderadults>

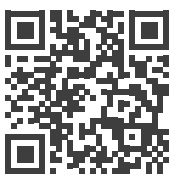


The Denver Public Library offers a wide range of services for older adults including, information on community resources, as well as events and classes geared towards older adults and caregivers. Caregiver support programs available as well.

COLORADO GERONTOLOGICAL SOCIETY

Tel: 303-333-3482

<https://www.senioranswers.org>



CGS can provide assistance with questions regarding health insurance, food supplies, housing options, & nursing home placements. CGS has counselors available to work with individuals to meet their needs.

DRCOG - AREA AGENCY ON AGING

Tel: 303-455-1000

<https://drcog.org/programs/area-agency-aging>



Denver Regional Council of Government -Area Agency on Aging (DRCOG-AAA) plans and provides comprehensive services to address the needs for the eight-county region's population of older adults and people living with disabilities. DRCOG-AAA is responsible for the establishment of a comprehensive, coordinated system of community-based supportive and nutrition services, like care management, for the Denver region's older adults.

AGEWISE COLORADO

<https://agewisecolorado.org/>



Offers a curated list of Colorado based resources for older adults including, a provider directory, financial and legal professionals, in-home care, and much more.

AgeWell Colorado offers and webinars and events on a variety of topics.

EMERGENCY CARE ALTERNATIVES

DISPATCH HEALTH

Tel: 888-908-0553

<https://www.dispatchhealth.com/>



Dispatch Health provides advanced medical care in your home. Dispatch Health is able to treat a wide range of common to complex injuries and illnesses that are urgent, but not life or limb threatening. Dispatch Health is partnered with the leading health insurance companies, including Medicare and Medicaid, to ensure that your care is covered under your current plan. Dispatch Health typically bills through your insurance like an urgent care, but provide services in-home.

LIFT ASSIST NON EMERGENCY*

Lift Assist is provided through your local fire or police station and can help individuals or caregivers if someone falls and needs help getting them up. Some areas are covered by more than one fire or police station so, when you call you may have to call another station depending on where the individual is located. The dispatcher will let you know. There is no charge for Lift Assist

Tell the dispatcher "This is a Non-Emergency Lift Assist - No Sirens - No Lights"

*Numbers may change. If your city is not below, call 911 to ask for lift assistance.

- Arvada: 303-424-5566
- Aurora: 303-627-3100
- Brighton: 303-659-2629
- Boulder: 303-441-4444
- Broomfield: 911
- Centennial: 911
- Denver: 720-913-2400
- Edgewater: 911
- Englewood: 720-913-2200
- Evergreen: 303-277-0211
- Golden: 303-384-8045
- Lakewood: 303-969-0245
- Littleton: 303-794-1555
- Thornton: 911
- Sheridan: 303-762-2211
- Westminster 303-658-2400 (Option #1 then 0)
- Wheat Ridge: 303-232-4357

INSURANCE, FINANCIAL & LEGAL RESOURCES

COLORADO GERONTOLOGICAL SOCIETY

Tel: 303-333-3482

<https://www.senioranswers.org>



CGS can provide assistance with questions regarding health insurance, food supplies, housing options, & nursing home placements. CGS has counselors available to work with individuals to meet their needs.

PERSONAL ASSISTANCE SERVICES OF COLORADO

Tel: 303-233-3122

<https://pascohh.com/>



PASCO provides a wide range of services for individuals with disabilities including assistance with caregivers receiving payment for providing care to Medicaid recipients. Services may be provided by CGS staff, other agencies, or volunteers.

COLORADO OFFICE OF PUBLIC GUARDIANSHIP

Tel: 720-552-5215

<https://colorado-opg.org>



Provides guardianship services for indigent and incapacitated adults, within the targeted judicial district, when other guardianship possibilities are exhausted.

VETERAN SERVICE OFFICER – VA

<https://vets.colorado.gov/services/county-veterans-service-offices>



Each county in Colorado has a Veterans Service Office that offers free assistance to veterans. Their Service Officers specialize in assisting veterans, and their family members, with claims, applications, and appeals to the VA. If you are considering requesting services or submitting an application to the VA, we strongly recommend that you contact your County Veterans Service Office. To speak with a social worker to learn of benefit information: **303-399-8020, Option 2**

COLORADO RESPITE COALITION – FAMILY RESPITE VOUCHER PROGRAM

<https://www.coloradorespitcoalition.org/our-programs/family-voucher-program>



Colorado Respite Coalition offers financial vouchers to afford respite services. Contact to learn more about completing an application and requirements for qualifying. Vouchers typically range between \$250-\$1000.

STATE HEALTH INSURANCE PROGRAM – SHIP

Tel: 303-480-6835

For Medicare questions during open enrollment.

INSURANCE, FINANCIAL & LEGAL RESOURCES (CONTINUED)

SENIORS' RESOURCE CENTER – SRC

3227 Chase St Denver CO 80212
Tel: 303-238-8151

Seniors' Resource Center is dedicated to improving the quality of senior's lives. They offer broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

BENEFITS IN ACTION

Tel: 720-221-8354
Email: info@benefitsinaction.org

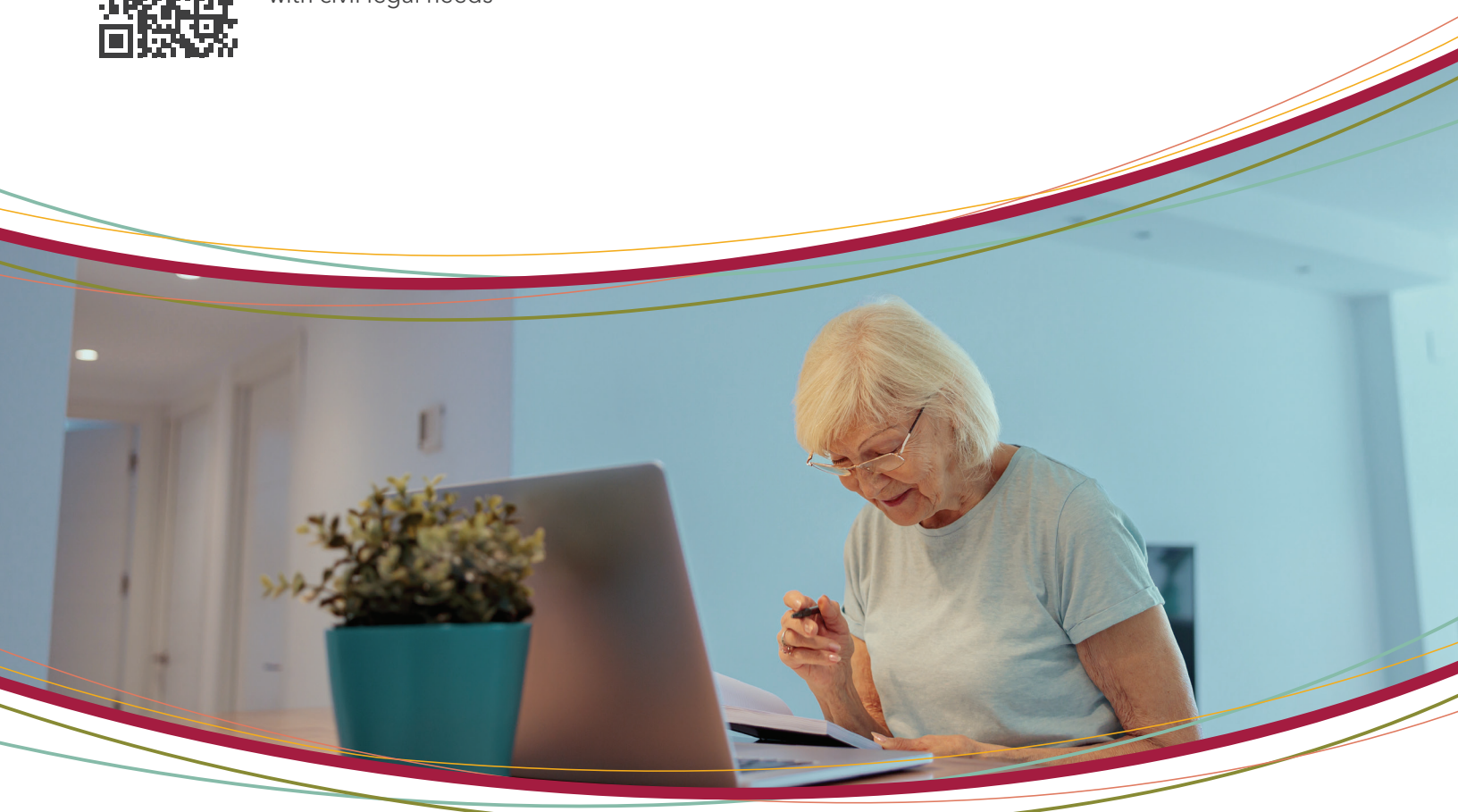
For assistance with applying for long term Medicaid or comprehensive food and health-related benefit application assistance and program navigation.

COLORADO LEGAL SERVICES

<https://www.coloradolegalservices.org/>



Legal help for low-income Coloradans seeking assistance with civil legal needs



TRANSPORTATION

GETTING THERE GUIDE

Tel: 303-243-3113

<https://drmac-co.org/getting-there-guide/>



A downloadable and comprehensive resource guide to transportation services for the Denver Metro Area. Available in multiple languages

VIA

Tel: 303-444-3043 (to set up account)

AND 303-447-9639 to set up trip

(8:00-4:30pm Monday-Friday)

A free service (donations are welcome) for transportation to medical appointments as well as other errands. Call at least 7 days prior to appointment.

ELDER CONCIERGE SERVICES

Tel: 720-217-8137

Concierge Companion for Medical Visits.

HEAVENLY HANDS TRANSPORTATION

Tel: 720-281-3109

A non-emergency, non-medical transportation company.

GO GO GRANDPARENT

Tel: 855-464-6872

On-demand Uber & Lyft rides for Seniors.

SENIORS' RESOURCE CENTER – SRC

3227 Chase St Denver CO 80212

Tel: 303-238-8151

Seniors' Resource Center offer broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

DRIVING MISS DAISY USA

Tel: 303-618-3200

Transportation service specifically for older adults.

INTELLIRIDE

Tel: 303-398-2155

Provide transportation to medical appointments for Medicaid patients only. Medicaid ID# is needed to schedule transportation. Initial sign-up is needed.



SECTION 2:

DEMENTIA SPECIFIC RESOURCES

LOW-COST ACTIVITIES FOR PERSON WITH DEMENTIA

SPARK

https://www.alz.org/co/helping_you/early_stage_programs/social_engagement



The Alzheimer's Association partners with a variety of museums and community partners to offer SPARK programs. These activities offer participants in early-stages of Alzheimer's or dementia and their care partners with meaningful opportunities for social engagement. Events and programming are updated regularly.

DENVER BOTANIC GARDENS

1007 York St., Denver, CO 80206
Tel: 720-865-3500

SPARK featured activity. Denver Botanic Gardens offers monthly activities for participants in early-stages of Alzheimer's or dementia and their care partners to enjoy hands-on horticulture related activities. Events are free. Registration required.

MEMORY CAFÉ AT DENVER PUBLIC LIBRARY

Denver Public Library
Tel: 720-865-1123 (Amy Delpo)

The Memory Café is offered by the Denver Public Library for people experiencing memory loss, along with their friends, family, and caregivers. Providing a fun, social, and safe place, The Memory Cafe starts with a program (like music, art and other enriching activities), followed by socializing over coffee and treats. Formal care or supervision not provided.

OPENING MINDS THROUGH ART – OMA

Multiple Locations
Tel: 513-529-2914

Opening Minds through Art (OMA) is an art-making program for people with Alzheimer's disease and other forms of neurocognitive disorders. The program provides opportunities for creativity and social engagement for people with dementia.

LOW-COST ACTIVITIES FOR PERSON WITH DEMENTIA (CONTINUED)

DENVER ART MUSEUM: ART AND ABOUT

100 W 14th Ave. Pkwy., Denver, Colorado

Tel: (720) 865-5000

Email: access@denverartmuseum.org

SPARK featured activity. Art & About tours are designed for visitors with early-stage Alzheimer's or dementia and their care partners. Events are free. Registration required.

MUSIC'S MEMORIES

Tel: 303-805-3208 (Heather Ballantyne)

Music and movement class in Parker.

MY DENVER PRIME

<https://denvergov.org/Government/Agencies-Departments-Offices/Agencies-Departments-Offices-Directory/Parks-Recreation/Activities-Programs/Active-Older-Adults/My-Denver-Prime>



Membership for Denver residents ages 60+ for FREE access to all the city's recreation centers and pools, including drop-in fitness classes and clubs.

MUSICAL MEMORIES AT SWALLOW HILL MUSIC

Tel: 303-777-1003

<https://swallowhillmusic.org/music-therapy/>



Singing and reminiscence music therapy class in Denver.



LOW-COST SERVICES

A LITTLE HELP

2755 S. Locust St. #220
Denver, CO 80222
Tel: 720-242-9032

Volunteer led organization. Provide a variety of services including light housecleaning, yard care, and snow removal. Requires membership to receive services and offer a “pay what you can” payment model.

JEWISH FAMILY SERVICES

Tel: 720-248-4701
<https://www.jewishfamilyservice.org/services/older-adult-care>



Jewish Family Services offer a variety of services to promote older adults ability to remain in their homes independently including, meal delivery services, volunteer companionship services, & care manager services.

CARE CONSULTANT SERVICES

Care Consultant Services are available at cost and can help families navigate dementia care decisions and may provide guidance on home modifications to support independence, identifying home health agencies and/or long-term care placement among many other services.

WESTERN CARE PARTNERS

<https://westerncarepartners.com/contact/>



KAY ADAMS COMPASSION WORKS

<https://www.kaymadams.com/>



KINSMAN CARE MANAGEMENT

Tel: 303-210-2953
<https://www.kinsmancare.net/>



MARGO ALLMAN

Tel: 303-521-0387
Private case manager

LOCAL HOME CARE SERVICES

DECIDE ON THE TYPE OF SERVICE NEEDED

- **Companion Services:** Help with supervision, errands, fun activities, and visiting
- **Personal Care Services:** Help with dressing, toileting, bathing, eating, exercising, and other personal care tasks
- **Homemaker Services:** Help with cooking, housecleaning, laundry, and grocery shopping
- **Skilled Care or Health Management:** Usually ordered by a physician and provided by a licensed health care professional. Can assist with medications, injections, wound care, as well as speech, occupational, or physical therapy.

HOME CARE AGENCIES

Home care agencies can save you time by hiring and selecting a caregiver for you. Services typically cost more than private caregivers.

VISITING ANGELS SERVING METRO DENVER

9200 W Cross Dr Ste 600
Littleton, CO 80123
Tel: 303-736-6688

AFFORDABLE HOME CARE IN-HOME HEALTH, INC.

3110 S Wadsworth Blvd Ste 205
Denver, CO 80227
Tel: 303-988-182

24/7 BRIGHTSTAR HEALTHCARE

3801 E Florida Ave Ste 502
Denver, CO 80210
Tel: 303-370-0444

HOME INSTEAD SENIOR CARE NORTH DENVER METRO AREA

6191 West 44th Ave
Wheat Ridge, CO 80033
Tel: 303-463-1900

A BETTER SOLUTION IN HOME HEALTH CARE

Tel: 877-585-9011
4636 S Yates St
Denver CO 80236

ALL THE COMFORT OF HOME, INC.

9249 S Broadway #200-278
Littleton, CO 80129
Tel: 303-346-1292

A CARING HEART AND HAND

58 N. Irvington Street
Aurora, CO 80018
Tel: 303-515-0215

ELDERLINK HOME CARE

9878 W. Belleview Ave. #144
Denver, CO 80123
Tel: 303-734-0641

FAMILY TREE PRIVATE CARE

3600 Yosemite St. Suite 320
Denver, CO 80237
Tel: 303-791-3155

PRIVATE PAY HOME CARE

Private pay or direct hire home care are often an affordable home health service option. Websites hosting home health aides available for direct hire typically require a membership fee. Always complete a background check when directly hiring an individual.

CARE

<https://www.care.com/>



SITTERCITY

<https://www.sittercity.com/>



LIVE-IN HOME CARE

GRANDMA JOAN LIVE-IN CARE CONSULTING AND RECRUITING

Tel: 1-888-250-2631

<https://grandmajoan.com/>



ADULT DAY PROGRAMS

CLERMONT PARK ADULT DAY

2479 S Clermont St Denver, CO 80222

Tel: 720-974-7275

<https://www.clermontpark.org/senior-living/co/denver/adult-day>



Clermont Park Adult Day program in Denver aims to offer a social club setting for participants. The program offers social activities, games, music and learning opportunities that are essential to a healthy, happy life. Clermont Park partners with Rhythms Home Care to also offer in-home senior care in Denver, CO.

INNOVAGE COLORADO

For persons with Medicaid, this provides primary care and associated medical care

Tel: 844-385-6796

<https://www.innovage.com>



InnovAge provides all-inclusive care that includes primary and specialty care, medications, coordination, transportation, meals, and more. Funded by Medicare and Medicaid, most seniors enroll at little to no cost.

CENTURA HEALTH

Centura Adult Day Program at the Gardens at St. Elizabeth

2835 W 32nd Ave Denver CO 80211

Tel: 303-964-2361

The Gardens' Adult Day Program is designed for seniors who require care during the day while their caretaker works or takes a break. The Program provides a structured, enjoyable environment with group activities that support independence and personal growth. A hot lunch, nutritious snacks and flexible visits available. Medicaid accepted.

SENIORS' RESOURCE CENTER – SRC

3227 Chase St Denver CO 80212

Tel: 303-238-8151

Seniors' Resource Center offers broad based community education along with information; select senior services, legal referral, transportation, employment resources and adult day care.

ALPINE ADULT DAY CARE

1985 S Havana St, Aurora, CO 80014

Tel: 303-755-8002

The Alpine Adult Day Care center brings affordable, high quality adult day care to the heart of Aurora. A spacious, open-concept location, featuring a fully licensed restaurant kitchen, entertainment, billiards and recreational facilities.

2ND HOME ADULT COMMUNITY CENTERS

Tel: 720-281-1536

Four Locations:

- 10730 E Iliff Ave Aurora CO 80014
- 2990 S Peoria St Aurora CO 80014
- 3138 S Parker Rd Aurora CO 80014
- 1200 S Abilene St Unit C, Aurora CO 80012

2nd Home has multiple locations, each specializing in diverse populations and languages. Call to learn more about each location and the populations served.

SECTION 3: DEMENTIA CAREGIVER SPECIFIC RESOURCES

CAREGIVER SELF-CARE

MINDFULNESS ACTIVITIES

<http://ggia.berkeley.edu>



SILVER SNEAKERS EXERCISE PROGRAM

<https://www.silversneakers.com>



SIT AND BE FIT

<http://www.sitandbefit.org>



CAREGIVER SUPPORT GROUPS & HOTLINES

CARE PARTNER SUPPORT GROUP AT UCH

https://medschool.cuanschutz.edu/docs/librariesprovider166/default-document-library/tecned-flyer---corona-version.pdf?sfvrsn=cb55a7b9_2



LEWY BUDDY

Tel: 800-539-9767

Support@LBDA.org

<https://www.lbda.org/lbda-lewy-line/>



Connection to licensed professionals and volunteers through the Lewy Body Dementia Association.

LORENZO'S HOUSE

<https://lorenzoshouse.org/>



Virtual support groups and events for families impacted by younger-onset dementia.

THE HEARTLIGHT CENTER

Tel: 720-748-9908

<https://heartlightcenter.org/>



The Heartlight Center offers anticipatory grief support groups. Meetings are available in-person and virtual. Group support options are free with a suggested donation of \$15.

VA CAREGIVER SUPPORT LINE & PROGRAM

Tel: 855-260-3274

(M-F, 6a-8p; Sat, 6a-3p)

<http://www.caregiver.va.gov>



COLORADO CHAPTER OF THE ALZHEIMER'S ASSOCIATION

Tel: 800.272.3900 (contact for services and 24/7 caregiver support hotline)

https://www.alz.org/co/helping_you



Local classes, trainings, consultation, and programming with trained professionals. The Alzheimer's Association offers caregiver support groups and a wide variety of educational resources available through their website.

ROSALYNN CARTER INSTITUTE CAREGIVER CRISIS TEXT LINE

Text TOUGH to 741741 for free, 24/7 caregiver crisis counseling

DEMENTIA CAREGIVING RESOURCES

ALZHEIMER'S ASSOCIATION'S COMMUNITY RESOURCE FINDER

<http://www.communityresourcefinder.org/>



ALZHEIMER'S ASSOCIATION ALZNAVIGATOR

<https://www.alz.org/help-support/resources/alznavigator>



CAREGIVING EDUCATION VIDEOS & PODCASTS

DEMENTIA CAREBLAZERS

<https://www.careblazers.com>



UCLA CAREGIVER EDUCATION

<http://dementia.uclahealth.org/caregiver-education>



FAMILY CAREGIVER ALLIANCE YOUTUBE CHANNEL

<https://www.youtube.com/user/CAREGIVERdotORG>



CONVERSATIONS WITH CAREGIVERS YOUTUBE CHANNEL

<https://www.youtube.com/watch?v=BZLdy7H0YD8&list=PL3BRrqTEEZ5z5yjjV19qIL50Vr-CxoWe4>



VA CAREGIVER VIDEOS

<http://www.ruralhealth.va.gov/vets/resources.asp#dem>



TEEPA SNOW DEMENTIA CARE PARTNER TALK SHOW

<https://teepasnow.com/services/talk-show/>



CAREGIVING EDUCATION VIDEOS & PODCASTS (CONTINUED)

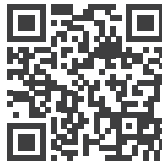
DICE APPROACH ONLINE TRAINING PROGRAM

<https://diceapproach.com/>



BE LIGHT CARE

www.belightcare.com/social



DEMENTIA AND CAREGIVING RELATED BOOKS

DID I REMEMBER TO TELL YOU

by Pam Kovacs Johnson

THE CAREGIVER NOTEBOOK: TAKING CARE OF YOUR LOVED ONE WITH DEMENTIA AND YOURSELF (REACH BOOK)

by Jennifer Martindale-Adams, EdD,
Robert Burns, MD, Linda O. Nichols, PhD

THE 36 HOUR DAY: A FAMILY GUIDE TO CARING FOR PEOPLE WHO HAVE ALZHEIMER'S DISEASE AND OTHER DEMENTIAS, 7TH ED.

by Nancy L. Mace, Peter V. Rabins, et al.

WHILE I STILL CAN

by Rick Phelps

CREATIVE CARE

by Anne Basting, PhD

CREATIVE ENGAGEMENT: A HANDBOOK OF ACTIVITIES FOR PEOPLE WITH DEMENTIA

by Rachael Wonderlin with Geri M. Lotze, PhD

LOCAL RESOURCES

ADVANCE CARE PLANNING IN COLORADO

<https://cdphe.colorado.gov/palliative-care/advance-care-planning-for-patients-and-families>



DEMENTIA FRIENDLY DENVER

<https://www.dementiafriendlydenver.org/>



COLORADO CARE PLANNING

<https://medschool.cuanschutz.edu/coloradocareplanning>



NATIONAL RESOURCES AND ASSOCIATIONS

NATIONAL INSTITUTE OF AGING

<https://www.alzheimers.gov>



AARP FAMILY CAREGIVING

<https://www.aarp.org/home-family/caregiving/>



DEMENTIA SOCIETY OF AMERICA

<https://www.dementiasociety.org/>



DEMENTIA CAREGIVER ALLIANCE

<https://daanow.org/>



FAMILY CAREGIVER ALLIANCE

Tel: 800-445-8106

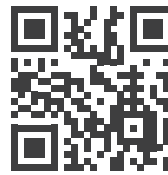
www.caregiver.org



ALZHEIMER'S ASSOCIATION

Tel: 800-272-3900

<https://www.alz.org/>



LEWY BODY DEMENTIA ASSOCIATION

Tel: 800-539-9767

<https://www.lbda.org/>



PARKINSON ASSOCIATION OF THE ROCKIES

Tel: 303-830-1839

<https://parkinsonrockies.org/>



THE ASSOCIATION FOR FRONTOTEMPORAL DEGENERATION

Tel: 866-507-7222

<https://www.theaftd.org/>



GUIDING AN IMPROVED DEMENTIA EXPERIENCE (GUIDE) MODEL

<https://www.cms.gov/priorities/innovation/innovation-models/guide>



Coordinated dementia care for patients with traditional Medicare.

HOME SAFETY

SAFE RETURN PROGRAM

<http://www.alz.org/care/dementia-medical-alert-safe-return.asp>



HOME, DRIVING, AND GUN SAFETY

<https://www.safetyindementia.org>



DEMENTIA ENABLING ENVIRONMENTS

<http://www.enablingenvironments.com.au>



CDC FALLS

<http://www.cdc.gov/homeandrecreationalafety/falls>



CHECKLIST

<https://www.alz.org/media/Documents/alzheimers-dementia-home-safety-checklist-ts.pdf>



TECH ENHANCED LIFE

<https://www.techenhancedlife.com>



BROTHERS REDEVELOPMENT

Housing Counseling & Home Modifications

<https://brothersredevelopment.org/>



SECTION 4:

LONG-TERM CARE & HOSPICE

ASSISTANCE WITH LONG-TERM CARE PLACEMENT

LOCAL AGENCIES

HARMONY SENIOR REFERRALS

Tel: 303-888-8472; harmonyseniorreferrals.com



Harmony Senior Referrals help seniors find care options based on their preferences, budget, and care needs. Harmony Senior Referrals can help identify independent living, assisted

living, memory care, or skilled nursing facilities. Harmony Senior Referrals cater to clients in the Denver Metro/Front Range area.

MILE HIGH SENIOR SOLUTIONS

Tel: 303-242-0612; milehighseniorsolutions.com/



The team at Mile High Senior Solutions help navigate senior living options and Medicaid planning. They specialize in personalizing a plan that will meet individual needs, and make

a transition as smooth as possible.

ASSISTED LIVING LOCATORS

Tel: 720-513-7125 (Ed and Jennifer Wagner)

[https://assistedlivinglocators.com/](https://assistedlivinglocators.com/care-advisor/denver)

[care-advisor/denver](https://assistedlivinglocators.com/care-advisor/denver)



CARE PATROL

Tel: 303-679-4935; www.carepatrol.com



Care Patrol is a trusted senior living placement organization with over 150 Certified Senior Advisors throughout the country. Care Patrol has local offices and assess each client's care

level needs, financial needs, and general preferred locations. The agency will offer recommendations and tour facilities with you. Care Patrol can help find independent living, assisted living, memory care and in-home care options.

OASIS SENIOR ADVISORS

Tel: 720-822-9525; <https://www.oasissenioradvisors.com/local-advisors/denver-metro/>



Free help finding the best senior living, care, and resources that fit individual needs.

NATIONAL AGENCIES

A PLACE FOR MOM

Tel: (877) 311-6099; <https://aplaceformom.com>



A Place for Mom was founded in 2000 to help families navigate the maze of senior housing options. Since then, A Place for Mom has grown to become the largest senior living referral service in the U.S. and Canada.

CAUTION:

Senior placement services are free and can be helpful, but some patients have reported spam calls and feeling pressured to decide. Since these services are not obligated to act with your best interest in mind, always do your own research before deciding.



LOCAL HOSPICE AND PALLIATIVE CARE

There are many hospice agencies. Please reach out to a social worker for help.

BERKLEY PALLIATIVE CARE AND HOSPICE

Tel: 303-758-2000

<https://www.berkleyhospice.com/>



Berkley Hospice offers palliative care, hospice care, as well as grief/bereavement counseling.

SILVER LININGS HOSPICE

Tel: (720) 502-4170

<https://silverliningshospice.com/>



Silver Linings specializes in hospice care to individuals in all types of scenarios.

THE DENVER HOSPICE

Tel: 303-321-2828

<https://thedenverhospice.org/about/>



The Denver Hospice offers hospice and palliative care, as well as grief/bereavement counseling.

TRU COMMUNITY CARE

Palliative Care – Tel: 303-449-7740

Hospice Care – Tel: 303-604-5272

<https://www.trucare.org/>



THE HOLDING GROUP

Tel: 720-295-1844

<https://www.theholdinggroup.org/>



Non-traditional independent palliative care company. GUIDE program available.



BEREAVEMENT AND GRIEF COUNSELING

BERKLEY PALLIATIVE CARE AND HOSPICE

Tel: 303-758-2000

<https://www.berkleyhospice.com/>



Berkley Hospice offers grief/bereavement counseling to all community members. Free Service.

THE HEARTLIGHT CENTER

Tel: 720-748-9908

<https://heartlightcenter.org/>



The Heartlight Center offers grief support groups. Meetings are available in-person and virtual. Group support options are free with a suggested donation of \$15.

THE DENVER HOSPICE

Tel: 303-321-2828

<https://thedenverhospice.org/about/>



The Denver Hospice offers Newly Bereaved Support Groups and other grief/bereavement counseling. Cost may be required for services.



ABOUT US



This resource guide was prepared by the CU Medicine GUIDE Dementia Team.

For questions or comments

CONTACT US:

dementia.care@cuanschutz.edu

303-724-3141